

Know Where to Buy Bras and Breast Prostheses After Breast Surgery

For patients who are having or had breast surgery

Read this resource to learn:

- what stores sell bras and breast prostheses in Ontario
- what types of products each store carries
- programs that help cover the cost of bras and breast prostheses after surgery

Important: This is not a full list of vendors. The University Health Network does not recommend one company or person over another and is not responsible for the care and services provided. Please contact the vendors directly to make sure the information is correct or to find out more about their products.



Know the stores in Ontario

Most stores on this list can help you with bra-fitting, prosthesis-fitting and ordering from manufacturers (people that make bras and breast prostheses).

Some can also help you in different languages, home service and fitting for custom-made prostheses. Contact the stores directly for more details.

To know what bras and breast prostheses to use after breast surgery, read the UHN pamphlets:

- [Your guide to bras and breast prostheses after breast surgery \(with drains put in\)](#)

(https://www.uhn.ca/PatientsFamilies/Health_Information/Health_Topics/Documents/Your_Guide_to_Bras_after_breast_surgery_with_drains.pdf)

or

- [Your guide to bras and breast prostheses after breast surgery \(without drains\)](#)

(https://www.uhn.ca/PatientsFamilies/Health_Information/Health_Topics/Documents/Your_Guide_to_Bras_after_breast_surgery_without_drains.pdf)

Ask your health care team for a copy, or pick one up from the Patient & Family Library (main floor of Princess Margaret).

Stores in Ontario

Barrie

Brabary
12 Commerce Park Dr., Unit J
L4N 8X1
Phone: 705 792 9242
Website: www.brabary.com

- Prostheses
- Lingerie
- Swimsuits
- Bra fitting

Bravo Fine Lingerie
84 Dunlop Street E
L4M 1A4
Phone: 705 739 0990
Website: www.bravolingerie.com
Email: info@bravolingerie.com

- Lingerie
- Prosthetics
- Accessories

Naturally You Mastectomy Boutique
21 Commerce Park Dr., Unit D
L4N 1X8
Phone: 1 866 493 2844
Website: www.naturallyyou.ca

- Swimwear
- Breast prosthesis
- Active wear
- Mastectomy bras

Bolton

Bolton
Mille Notte Lingerie
4 Queen St., North
L7E 1C8
Phone: 905 857 6489
Website: www.millenotte.com

- Lingerie
- Mastectomy
- Bra fitting

Stores in Ontario

Brampton

Astra Healthcare
2130 North Park Dr., Unit 231
L6S 0C9
Phone: 905 458 3400
Website: www.astrahealthcare.ca

- Mastectomy
- Bra fitting

Dianne's Mastectomy
48 Haggert Ave., North
L6X 1Y3
Phone: 905 454 5710
Website: www.diannesmastectomy.com

- Mastectomy forms
- Mastectomy prostheses
- Bras

Burlington

Brant Arts Dispensary
672 Brant St.
L7R 2H3
Phone: 905 637 9355
Website: <http://brantarts.ca>

Contact the store directly to learn about the products they offer.

Stores in Ontario

Etobicoke

Glen Cade Ida Pharmacy
290 The West Mall
M9C 1C6
Phone: 416 622 2111
Website: www.glencadepharmacy.ca

Contact the store directly to learn about the products they offer.

Shoppers Home Health Care
5230 Dundas St. West
M9B 1A8
Phone: 416 236 1201
Website: www.shoppershomehealthcare.ca

Contact the store directly to learn about the products they offer.

Twin Sister's Boutique
440 Browns Line, Suite L101
M8W 3T9
Phone: 416 259 1328
Website: www.tsmastectomy.com
Email: sheri@tsmastectomy.com

- Lumpectomy and mastectomy bras
- Prostheses

Maple

Care Forever
12-2563 Major Mackenzie Dr. West
L6A 2E8
Phone: 905 832 4988
Website: www.careforeverdepot.com

Contact the store directly to learn about the products they offer.

Markham

H&P Breast Care Services
4 Mallory Ave.
L3R 6P7
Phone: 416 856 0988
Website: www.hpbreastcare.com

- Breast forms
- After surgery bras
- Camisoles
- Swimwear
- Partial breast forms
- Compression garments

Stores in Ontario

Markham (continued)

Pink Ribbon Boutique
377 Main St. North
L3P 1Z3

Phone: 905 201 7371

Website: www.pinkribbonboutique.ca

- Mastectomy forms
- Mastectomy prostheses

Mississauga

Susan's Fine Lingerie & Swim
1224 Dundas St. West
L5C 4G7

Phone: 905 275 1224

Website: www.susansfinelingerie.com

- Lingerie
- Swimwear
- Bra fitting

Newmarket

Changes Lingerie Boutique
207 Main St. South
L3Y 3Y9

Phone: 905 830 4968

1 844 830 4968

Website: changesforyou.net

Contact the store directly to learn about the products they offer.

Shoppers Home Healthcare
17725 Yonge St.
L3Y 7C1

Phone: 905 953 9907

Website:

www.shoppershomehealthcare.ca

Contact the store directly to learn about the products they offer.

Stores in Ontario

North York

GraceMD
4915 Bathurst Street (Ground Floor)
M2R 1X9
Toll-free: 1 800 408 0625
Phone: 647 748 6098
Website: <https://gracemd.ca>

- Breast forms – mastectomy, lumpectomy and reconstruction
- Mastectomy bras (after-surgery cotton bras)
- Mastectomy swimwear
- Lymphedema compression garments
- Wig, hat and turban for hair loss

Bra Boutique
5867 Leslie Street, Toronto M2H 1J8
Phone: 416 497 2350
Website: www.braboutique.com
Email: shop@braboutique.com

- Front closure bras
- Leisure bras and leisure forms
- Lumpectomy and mastectomy bras
- Post-surgical bras
- Camisoles
- Prosthesis
- Swimwear
- Bra fitting

Main Drug Mart
1100 Sheppard Ave. East
M2J 1G3
Phone: 416 221 1700

Contact the store directly to learn about the products they offer.

Soft Touch Mastectomy
3077 Bathurst St. Suite 203 M6A 1Z9
Phone: 416 782 5353
Email: info@softtouchmastectomy.com
Website: www.softtouchmastectomy.com

- Post surgical – prosthetics
- Breast forms, bras, camisole compression tops
- Lymphedema compression garments ready made and custom made
- Lymphedema compression therapy – Lympha-Press Pumps
ADP, ODSP certified vendor / fitter

Stores in Ontario

North York (continued)

Thomas Specialty Health Care
2546 Weston Rd.
M9N 2A7
Phone: 416 242 3374
Website:

- Mastectomy forms
- Partial breast forms
- Short-term breast forms
- Swimwear
- Compression garments

Oakville

Goodnight Goodmorning
100 Bronte Rd.
L6L 3B7
Phone: 905 847 1512
Website:
www.goodnightgoodmorning.ca

- Lingerie
- Swimwear

Linea Intima
196 Lakeshore Rd. East
L6J 1H6
Phone: 289 291 3388
Website: www.lineaintima.com

- Bra fitting
- Mastectomy
- Lingerie

Shoppers Home Health Care
448 Speers Rd.
L6K 2G3
Phone: 905 844 1445
Website:
www.Shoppershomehealthcare.ca

Contact the store directly to learn about the products they offer.

Stores in Ontario

Orangeville

The Scented Drawer
143 Broadway
L9W 1K2
Phone: 1 877 441 9941
Website:

www.thescenteddrawerltd.ca

- Lingerie
- Sleep wear
- Yoga wear
- Mastectomy

Scarborough

Amherst All Care Home Health
3462 Kingston Rd.
M1M 1R5
Phone: 416 261 6409
Website: www.yellowpages.ca

- Compression garments
- Front-closure bras
- Leisure bras
- Lumpectomy and mastectomy bras
- After surgery bras
- Prostheses
- Swimwear

Shoppers Home Health Care
685 McCowan Rd.
M1J 1K2
Phone: 416 431 4621
Website:

www.Shoppershomehealthcare.ca

- Compression garments
- Lumpectomy and mastectomy bras
- Prostheses
- Swimwear (limited range)

St. Catharine's

Charlotte Boutique
33 Lakeshore Rd.
L2N 7B3
Phone: 905 934 7303
Website: www.charlotteboutique.ca

Contact the store directly to learn about the products they offer.

Stores in Ontario

Toronto

The Bay Company

176 Yonge St.

M5C 2L7

Phone: 647 360 1731

Website: healthandsolace.ca

Brava Boutique

25 King St West

M5L 2A1

Phone: 416 363 1843

Website: www.bravaboutique.ca

- Compression garments
- Front-closure bras
- Leisure bras
- Lumpectomy and mastectomy bras
- After surgery bras
- Prostheses
- Swimwear

CIMS Drug Mart & Home Health Care

1901 Yonge St.

M4S 1Y6

Phone: 416 483 1665

Contact the store directly to learn about the products they offer.

CIMS Home Health Care

1788 Avenue Rd. Unit 1

M5M 3Z1

Phone: 416 787 5550

Contact the store directly to learn about the products they offer.

Fitting Image Custom Breast
Prostheses Ltd.

62 Caistock Drive M9V 1H2

Local phone: 416 740 3400

Toll-free phone: 1 877 740 3400

Website: www.fittingimage.ca

- Mastectomy forms
- Mastectomy prostheses

Stores in Ontario

Toronto (continued)

Healthtime Living Specialties
1340 Danforth Ave
M4C 1K4
Phone: 416 693 7676
Website: www.healthtime.me

- Mastectomy
- Stockings
- Prosthesis

Linea Intima
1925 Avenue Rd. M5M 4A2
Phone: 416 780 1726
Website: www.lineaintima.com

- Lingerie
- Bra fitting

Linea Intima - Bayview Village
35A-2901 Bayview Ave
M2K 1E6
Phone: 416 221 9225
Website: www.lineaintima.com

- Bra fitting
- Lingerie

Mansueta Medical Garment Fitters
700 University Ave.
M5G 1Z5
Phone: 416 591 0006
Website:
www.mansuetamedical.com

- Been-A-Boobs
- Compression garments
- Lumpectomy and mastectomy bras
- Prostheses
- Sports bras
- Swimwear

New Attitude Custom Breast
Prosthesis
910 Queen St. West Suite B06
M6J 1G6
Toll-free phone: 1 866 788 4188
Website: www.new-attitude-inc.com

- Custom made breast prostheses
- Custom made partial breast prostheses
- Custom made nipple prostheses

Stores in Ontario

Toronto (continued)

Nordstrom - CF Toronto Eaton Centre
260 Yonge St, Toronto, ON M5B 2L9
Phone: 416 552 2900

- Lumpectomy and mastectomy bras
- Post-operative bras

Premier Jour Lingerie and Swimwear
1288 St. Clair Avenue West
M6E 1C1
Phone: 416 654 1868

- Compression garments
- Lumpectomy and mastectomy bras
- Prostheses
- After surgery bras
- After surgery camisoles
- Swimwear

Website: www.pjlingerie.com/toronto

Shoppers Home Health Care
(Lawrence Plaza)
16-528 Lawrence Ave W M6A 3C9
Phone: 416 789 3368

- Compression garments
- Lumpectomy and mastectomy bras
- Prostheses
- Swimwear

Website:

www.shoppershomehealthcare.ca

Sophia's Lingerie
527 Danforth Ave M4K 1P7
Phone: 416 461 6113

- Mastectomy bra
- Prosthesis

Woodbridge

Lovely Lingerie
7600 Weston Rd.
L4L 8B7
Phone: 905 850 4067
Website: www.lovelylingerie.ca

- Lingerie
- Mastectomy forms
- Mastectomy prostheses
- Bras

Programs that help cover the cost of these products

Some organizations help pay for mastectomy bras, prostheses, and swimwear. Read the section below to learn about each type. Ask a member of your health care team to speak with a social worker if you have any money-related concerns.

If you have private health insurance, check to see if they cover the costs for these products before you contact the programs below.

Ministry of Health and Long-Term Care

Breast prostheses

The Assistive Devices Program (ADP) covers part of the cost of breast prostheses for people who live in Ontario. This grant covers both ready-made and custom-made silicone breast prostheses and is given every 2 years.

The ADP gives 2 grants to women who had a double mastectomy (surgery to remove both breasts).

If you have private health insurance coverage that does not cover the full cost, the ADP may give you:

- \$195 if you buy a breast prosthesis
- \$105 if you buy a partial breast prosthesis

If you are on Ontario Works or the Ontario Disability Support Program, your case worker can help you apply to get the full cost covered.

ADP does **not** help cover the cost of:

- swimwear
- swim prostheses
- nipple prostheses
- postsurgical bras
- garments

How to apply:

To get the grant:

1. Buy the custom-made or ready-made breast prosthesis first.
2. Then, mail in the original receipt for buying the prosthesis with the ADP Breast

Grant form to the Ministry of Health and Long-Term Care:

Ministry of Health and Long-Term Care

Assistive Devices Program

5700 Yonge Street, 7th floor

Toronto ON M2M 4K5

Download the form here:

www.health.gov.on.ca/en/public/programs/adp/publications/breast.aspx

Private Insurance

Ready-made breast prostheses

Most private health insurance companies cover some of the cost of the ready-made breast prostheses. Some companies may even cover the full cost.

If you already have an ADP grant, you will need to submit those forms to your insurance company. Private insurance may help cover the cost left over. Save all receipts and records for what you bought.

Custom-made breast prostheses

Private health insurance companies may also cover custom-made, outside breast prostheses. Your insurance company will need to pre-approve your coverage and price of the prosthesis.

Before asking for pre-authorization:

1. Ask for a prescription from your doctor.

Visit the specialist who will be doing the custom-made breast prosthesis to talk about what documents you will need. The specialist you choose will know what to send to your insurer. They can help you prepare all the documents.

Make sure the specialist gives you:

- a quote for the custom made breast prosthesis along
- a detailed treatment plan to send to your insurer

If the insurance company declines your request, go back to the specialist who is making the custom-made breast prosthesis (Certified Clinical Anaplastologist).

The specialist can help you provide more information to the insurance company. Insurance companies often approve you with more information from the specialist.

Bras

Some private health insurance companies cover part of the cost of lumpectomy/ mastectomy bras. Check with your insurance company to find out what costs you are covered for.

For details about what you are covered for, contact either:

- your insurance company
- your employer's Human Resources department

Community Organizations

Some non-government groups help cover costs not covered by government programs. Some will also provide gently used prostheses, bras and undergarments to women who need them. Contact the organizations directly to learn more.

After Breast Cancer
1288 St. Clair Avenue West
Toronto, Ontario, M6E 1C1
Phone: 416 654 1868
Website: www.afterbreastcancer.ca

This service is offered through Premier Jour.

Breast Cancer Support Fund
39 Old Mill Road, Suite #1002
Toronto, Ontario, M8X 1G6
Phone: 416 233 7410
Email: info@breastcancersupportfund.ca
Website: www.breastcancersupportfund.ca

The Breast Cancer Support Fund provides short-term support for women with fewer resources. They will help with costs not covered or not fully covered by:

- health insurance
- social assistance or family income

Hearth Place Cancer Support Centre
86 Colborne Street West
Oshawa, Ontario, L1G 1L7
Phone: 1 905 579 4833
Email: hearthplace@hearthplace.org
Website: www.hearthplace.org

Hearth Place can help women with fewer resources. They provide gently used bras and prostheses at no cost.

Kelly Shires Breast Cancer Foundation
523 Elizabeth Street, Suite #203
Midland, Ontario, L4R 2A2
Local phone: 705 528 1053
Toll free phone: 1 877 4366467
Email: info@breastcancersnowrun.org
Website: www.kellyshiresfoundation.org

The Kelly Shires Breast Cancer Foundation helps women in active treatment cover expenses that are not covered by their private health insurance program. This includes:

- prosthetics
- specialized lingerie
- wigs

Knitted Knockers

Offers free knitted prosthesis to for women who have had breast surgeries

Website: <http://knittedknockerscanada.com>

Canadian Cancer Society
National Office, 55 St Clair Avenue West, Suite 500
Toronto, Ontario M4V 2Y7
Local phone: 416 961 7223
Toll free phone: 1 888 939 3333
Website: www.cancer.ca

Canadian Cancer Society is a national, community-based organization and can direct cancer patients to various organizations for financial assistance.

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Visit www.uhnpatienteducation.ca for more health information. Contact pfep@uhn.ca to request this brochure in a different format, such as large print or electronic formats.

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